

# No Boxes Allowed

Our story of Hope, Action and Keeping our eye on the Mission



# WARNING!!!!

# MANAGING YOUR EXPECTATIONS

1. Greek →

Slight dna disadvantage, no use of hands

2. Army →

Besides learning to curse, understand what mission driven means.

3. Woman →

Tackle the world's perceptions

**Elephant in the room - Convicted - Strong**



# The Perfect Storm

The image shows four large, white, classical columns standing in a row in a city square. In the background, there is a fountain with water spraying upwards, and various city buildings and hills under a clear blue sky. The text is overlaid on the image in a large, bold, sans-serif font.

**Today's Goal (for me):**  
Remember the reason FOR  
and need OF the Fourth Pillar.  
How Wisconsin created &  
is growing opportunity

# The Fourth Pillar is NOT

AMERICANISM

OR...

BOY'S STATE

ORATORICAL

JR. SHOOTING SPORTS

SEEING KIDS ON VETERAN'S DAY

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The Fourth Pillar is the emotional, mental, physical, and spiritual well being of the youth

and

The stability of the family.

**IT IS IT'S OWN PILLAR**

# How Perceived Barriers create Opportunity

*Also know as the "all the more" response and how we handled it in the Department/State of Wisconsin*

## Survey says:

1.  
School Districts  
wont let us in

2.  
Our members are  
old & at  
their capacity

3.  
We do Oratorical,  
Boys State, Trunk  
or Treat

4.  
Our Veterans  
believe money  
should go for the  
veterans, not kids

## #1 - SCHOOL DISTRICTS -

ALL THE MORE REASON TO BE VISIBLE/ACTIVE/**RELEVANT** -TO  
BOOST YOU BEING SEEN AS A PARTNER OF THE COMMUNITY AND  
FAMILIES YOU WISH TO ATTRACT:

**WI - NATIONAL GUARD, UW - MADISON - COUNTY MENTAL HEALTH**

**OUR VERY OWN PILLARS HAVE FAMILIES - SO DO YOU!**

YOUNG PEOPLE ARE EVERYWHERE





## #2 - AGE/CAPACITY

**Justified reason.**

All the more reason for our C&Y leadership to **create opportunities** that will empower our Legion Family to become more - visible/active/**relevant**

**Small Ways = Big Benefits**

**KISS**

**Dog & Pony Show**

**Take a component of a brochure & build on that**



**Partner with others**

**Be Willing to Work together**

**Create Squadrons and build up JR Auxiliary to have the manpower**

myLegion members. (mySAL provides most of the same options.)

Departments, Posts, Districts & Counties also have customized myLegion sites allowing them to submit membership transmittals, view & update member records, complete CPR information, and other options. It also provides various tools to help manage and grow membership.

**Americanism and Children & Youth**

(317) 630-1203

[Send E-mail](#)

Baseball, Flag Education, Boys Nation, Boys State, Scholarships, Scouting, Junior Shooting Sports, Oratorical Contest, Child Welfare Foundation, Youth Cadet Law Enforcement, Temporary Financial Assistance

**Convention & Meetings**

(317) 630-1313

[Send E-mail](#)

National Convention, other meetings, Color Guard

**Employment & Education**

(202) 861-2700

[Send E-mail](#)

[Send E-mail](#)

Membership programs/policies, Paid Up For Life, post information/concerns, Legion Riders, National Emergency Fund, Sons of The American Legion

**Legislative**

(202) 861-2700

[Send E-mail](#)

Federal government issues and legislation

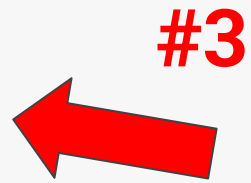
Military, National security, foreign relations, retirement benefits, ceremonies

**Veterans Affairs & Rehabilitation**

(202) 263-5759

[Send E-mail](#)

Help with claims and benefits, health issues, veterans cemeteries



#3

**C&Y is Not a Program**

**IT IS IT'S OWN PILLAR**

C&Y Committee in the Dept of Wisconsin Had made a commitment to educating our Legion Family.  
Too many miss out on opportunities to be seen as - active/ visible/**relevant.**

**What put us on the map?**

**TO GET TO:**

**28,000 #bandsonhands4hope in one Commander year,**

**3,000 and growing Roc-kit Kindness Project Rocks & Kards in one Commander year.**

**Hundreds of young people and families out in our communities, at festivals, fairs, school and special events?**

**THE YOUTH, OUR PARTNERSHIPS IN THE COMMUNITY, AND THE WILLINGNESS OF SOME AMAZING LEADERS AND MEMBERS TO COME TOGETHER TO GROW THE MISSION.**

**2ND DISTRICT AMERICAN LEGION RIDERS - WISCONSIN**

**AMERICAN LEGION FAMILY - WISCONSIN**

**WOMEN VETERANS OF WISCONSIN**

**.UW-MADISON SHEBOYGAN  
OUTREACH INITIATIVE**

**UW - MILWAUKEE MAVRC**

**SHARON RICHARDSON HOSPICE HOUSE**

**AMERICAN LEGION.ORG - MAGAZINE**

**SHEBOYGAN PRESS**

**RANDOM LAKE SCHOOL DISTRICT**

**HAGEN IT**

**WISCONSIN NATIONAL GUARD  
CHILDREN & YOUTH PROGRAM**

**CAMP AMERICAN LEGION**

**CAMP HOMETOWN HEROES**

**.WOMENS RESOURCE CENTER -  
MILWAUKEE VA**

**MY CHOICE - WISCONSIN**

**HOGS 4 HEROES**

**KEWAUSKUM MIDDLE SCHOOL**

**NIAGARA SCHOOL DISTRICT**

**CAMPBELLSPORT SCHOOL DISTRICT**

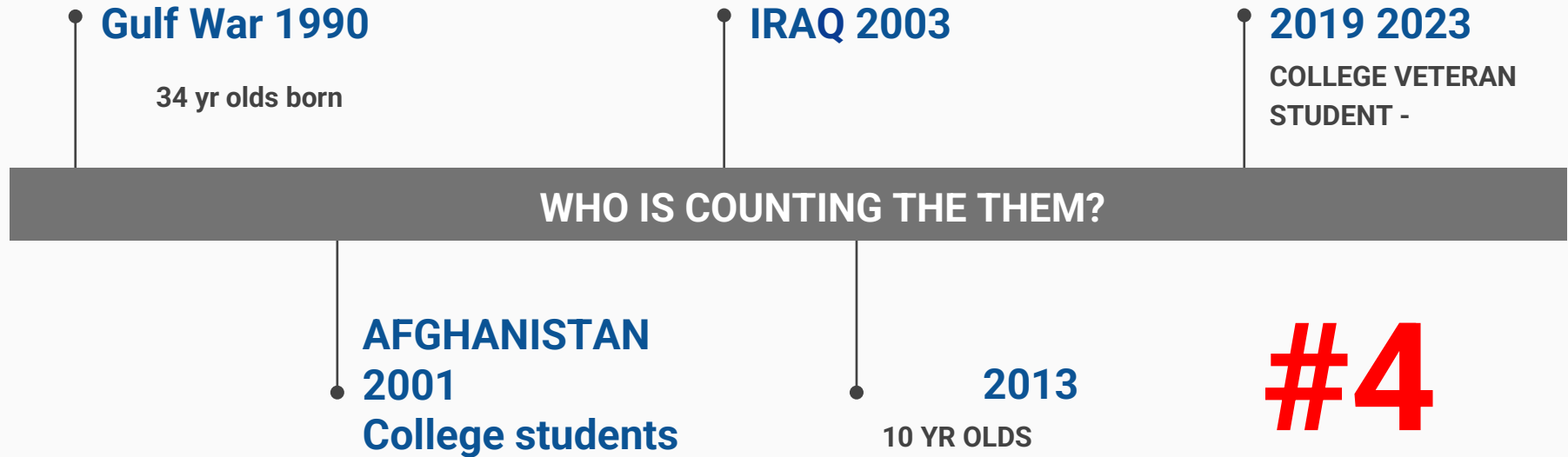
**PYRAMAX BANK - GRAFTON**

**BATTLEGROUND 22 FOUNDATION**

**OUR POSITIVE IMPACT PARTNERS**

# LET'S LOOK AT WHO WE ARE TALKING ABOUT

## #4 OUR YOUNG COLLEGE VETERANS, CHILDREN & GRANDCHILDREN OF VIETNAM TO PRESENT



~~FORGET  
OUTSIDE THE  
BOX!!!!~~

***No Boxes Allowed***

# Do you know what's happening in your state?



# 49%

**of our youth struggle with  
mental health  
issues that are not being  
addressed.\***

There is no ONE fix  
Let's teach them how to help one  
another!

**Put "BandsonHands4Hope"**

*learn more at our FB page  
BetheOne4ouryouth*

\*2023 WI DHS report

In Wisconsin, 2021  
DHS reported that  
since COVID 19,  
Anxiety Disorder has  
increased over 70% in  
young people  
Aged THREE years old  
and up!



# #Kindnes is Kool - Roc-kit Kindness Project

Using a rock to help bring down the Goliath related to the adversities  
Related to Bullying - Self Harm -Suicide

Whether it is painting a rock, making out a card, sharing a band or banding with a dog, each of our programs provide opportunities of positive intent, non-verbal expression, mindfulness and simple acts of kindness to help keep those around us **connected**.

**Research overwhelmingly proves that a simple act of kindness has a tremendous positive impact on our mental, emotional, AND physical well being.**

Schools, youth groups, community & Legion Auxiliary/family painted 1,200 Kindness Rocks in our 1st Commander year.



Without donations, the cost of the program was over \$1,500.

Still unsupported the program has distributed over 850 Kindness Rocks since July. With over 400 Kindness Kards since August.





NEW 2023 DATA REPORT

# BREAKING NEWS



Action IS Hope!

**SUICIDE IS THE NOW THE  
#2 CAUSE OF DEATH  
OF 11 YR-34-YR OLDS  
ACROSS OUR NATION.  
AN OVER 4% RISE.**

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**FOUR TIMES AS MANY ACTIVE DUTY  
AND POST 9/11 VETERANS HAVE  
DIED OF SUICIDE THAN IN COMBAT**

Email us at: [bto4ouryouth@gmail.com](mailto:bto4ouryouth@gmail.com)

# Why do I care? Why isn't everyone?

**22-** veterans complete suicide per day \* not debating the 17 vs 22

**132** suicides completed per day of young people **10-34** yr

Of those **20** per day are 10-24 yr old young people \*THINK how old is the average newly discharged veteran that goes to college?

**Does NOT account for accidental deaths resulting from single car accidents or arising from cutting/self-harm**



## A DIFFICULT TRUTH!

We cannot talk about the 22 Veterans  
we lose daily to suicide;

And ignore the fact that their children  
are at a 75% *greater risk* for the same  
fate without intervention!



Suicide is the #2 cause of death in youth

or the impact of the struggles on the families of our  
Military & Veterans battling service-related issues  
**EVERY SINGLE DAY!**

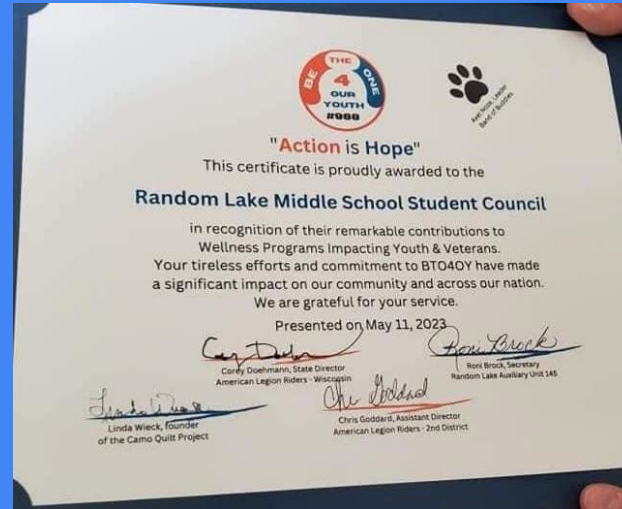


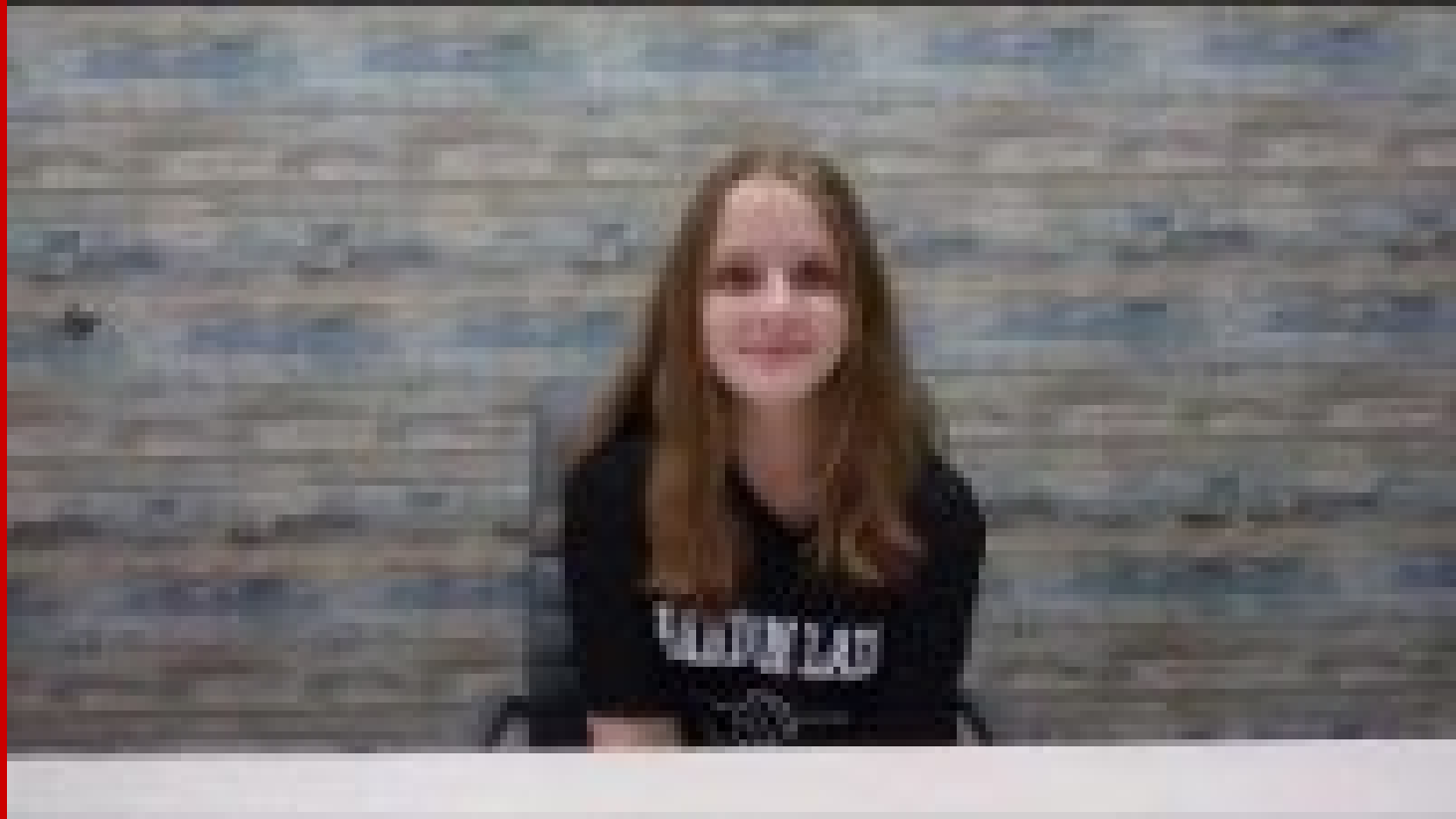
IF WE WANT TO **BE THE ONE**,  
THEN LET'S **BE THE ONE** FOR  
**EVERYONE** IN OUR VETERAN FAMILY!!

**LET'S DO SOMETHING TOGETHER**



## SHEBOYGAN PRESS





**The 2023 \$500 Challenge Winners - Random Lake Middle School Student Council**



# Meet our amazing "Action" programs



## JOIN OUR MISSION

- Actively pay attention to others around you,
  - Tell a safe adult anything that causes you concern for your own or another's welfare,
  - Use the new talk lifeline, #988 if no safe adult is around.
- That assigning a mission gives purpose,
  - Having a safe option to help resolves moral conflicts,
  - That taking action for another person, provides Hope to both,
  - A Random act of Kindness isn't just Kool, it's healing.









# ALL4HOPE, INC

501c(3) Tax ID# 92-3755679

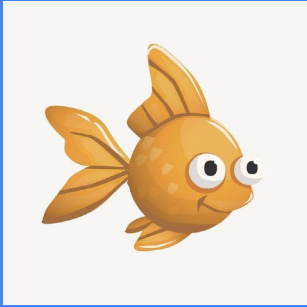


Where **HOPE** is an ***ACTION*** Word!

Our foundation is based upon the principles of  
**PURPOSE, HOPE, & KINDNESS.**

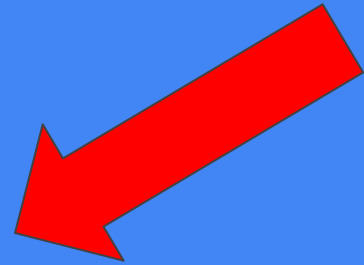
These principles are not simply "ideals" they are actual approaches to healing and sustaining a meaningful life

We believe that **ACTION**, not awareness is going to make a difference for our young people and veterans that are trying so desperately to overcome the adversities they face due to the impact of **bullying, self-harm and suicide** in our nation.



Fishing in new ponds to reach

**OUR  
GOAL  
IS  
50,000  
WRISTBANDS  
IN  
2024**



We share our 2024 - (aka 3 Commanders) strategy

1. Build partnerships to expand your reach.  
Be seen as the proactive organization that cares.
2. Reach out to the under-represented. (Read-not look like you.) Their families also served.
3. Let C&Y be seen as the go-getters in your Legion Family. Work together. Support one another



For more information, copies of coloring page or book, customized mission cards, or questions specific to your population. PLEASE reach out.

[www.all4hopeinc.org](http://www.all4hopeinc.org)

Email: [yiayia4wilegion@gmail.com](mailto:yiayia4wilegion@gmail.com)

OR TEXT me directly at: 414-659-7226

QUESTIONS?