

PRIVATE VEHICLES

Private vehicles are prohibited without previous approval of the Program Director.

VISITORS

Visitors will not be allowed in the barracks during the week of the school. Family and friends of the students are invited to attend the Graduation Ceremony. Parents and guests may tour the facility immediately following the Graduation Ceremony. Everyone is invited which includes family, friends and all patrol members and legionnaires.

INFORMATION

TWENTY THIRD ANNUAL SESSION

JUNE 12-17 2016

All correspondence relating to this program should be addressed to:

Student Trooper Program
The American Legion Dept. NC
PO Box 26657
Raleigh, NC 27611
Phone: 919-832-7506
Richard Neville, Program Director

APPLICATION FORMS ARE AVAILABLE AT AMERICAN LEGION DEPT.
(State) HEADQUARTERS

APPROXIMATELY 40 STUDENTS CAN BE ACCOMMODATED AT THE
NORTH CAROLINA HIGHWAY PATROL TRAINING CENTER.

TUITION: \$200.00 PER APPLICANT

Deadline – May 15, 2016
Or until program is full.

2016

AMERICAN LEGION STUDENT TROOPER PROGRAM



JUNE 12-17, 2016

SPONSORED BY

THE AMERICAN LEGION DEPT OF NC
PO BOX 26657
RALEIGH, NC 27611
PHONE 919-832-7506

NORTH CAROLINA HIGHWAY PATROL
3318 GARNER RD
RALEIGH, NC 27610

PURPOSE

The purpose of the North Carolina American Legion Student Trooper Program is to create an association between our young people and the men and women who are responsible for enforcing the laws of our State. The American Legion believes that our young people have a strong sense of patriotism and a high regard for Law and Order. It is our belief that the young men and women who participate in the Student Trooper Program will develop favorable attitudes toward Law Enforcement and will articulate those attitudes throughout their communities and among their peers.

THE PROGRAM

The American Legion Student Trooper Program will be conducted at the North Carolina Highway Patrol Training Center, Raleigh, and is a cooperative sponsorship of The NC American Legion and The NC Highway Patrol. Cadets will participate in a wide variety of instructional sessions. They will learn the use of police skills, including drug detection, firearms safety, and precision driving, just to name a few. Instructors from the NC Highway Patrol and other phases of Law Enforcement and related subjects will be integrated into the week's program.

SPONSORSHIP

Each applicant **must** be sponsored by an American Legion Post. If assistance is needed in finding a sponsoring post, please call Department Headquarters at 919-832-7506. Limited spaces are available at the Training Center. This year we hope to be able to house 40 students. Qualified applicants will be selected on a first come basis. The sponsoring Post will assume the responsibility for the student's attendance, including submitting a properly completed application and physical form, transportation to and from the Training Center and tuition fees.

TUITION FEES

Tuition fee and total cost for the week's program is \$200.00, and is the responsibility of the sponsoring Post, though the payment may come from sources outside the sponsoring Post. However, the sponsoring Post must assure that the tuition fee accompanies application and medical form when mailed to American Legion State Headquarters by the deadline date.

QUALIFICATIONS

Applicants who have successfully completed their junior and/or senior year of high school will be considered. Applicant must be of good moral character, demonstrate qualities of Americanism and leadership and present a neat appearance.

Due to the rigorous training involved in this program, those who may require special medication or handicapped accommodations cannot be accepted. NO CONDITION OF RACE, COLOR, SEX, RELIGION, OR CREED IS A PRE-REQUISITE FOR SELECTION. A completed medical form must be submitted with the application and fee. *Students are advised to begin a physical conditioning program before arriving at the training center.*

ACCOMMODATIONS

All students will be housed and meals served at the Academy cafeteria. Due to limitations at the cafeteria, those who require special diet will not be accommodated. Students are expected to remain at the Center at all times except for scheduled training away from the Academy. Towels and bed linens will be provided by the Academy. Student Troopers shall conduct themselves as gentlemen/ladies at all times. They shall perform all duties in a thorough, precise manner without hesitation or comment, carry out all lawful orders commands and instructions issued by Staff Personnel.

SUPPLIES PROVIDED

Each student will be issued two T-shirts, visor cap, PT shirt and shorts, and portfolio with program emblem. Each student will be mailed, prior to the opening of the session, a "Call To Report" letter. This letter will inform the Student of the personal items he/she will need for the week, along with Rules of Conduct and other instructions. A prescribed uniform will be worn for all supervised events except for recreation.

RULES OF CONDUCT

1. Student Troopers shall do their best in the performance of duty. They will comply with all rules, regulations and orders issued.
2. The military nature of the State Highway Patrol and Patrol training requires that certain rules of courtesy be extended to all commissioned/non-commissioned officers of the Highway Patrol, guest instructors and members of the Staff. Student Troopers will always stand when being addressed and reply by stating "Yes Sir/Ma'am" or "No Sir/Ma'am".
3. Student Troopers will not possess or use at any time, any tobacco products while at the training center.

PHYSICAL TRAINING PROGRAM

In order for the Student Trooper to be able to do his/her best in physical training, it is recommended he/she consider the following exercises to work on: 1. Sit-ups. 2. Push-ups. 3. Jumping Jacks. 4. Running

STAFF

Counselors will consist of dedicated volunteers from the American Legion family, and selected Highway Patrol Training Center staff. Anyone interested in volunteering should contact Program Director Richard Neville. Instructors will come from the ranks of the North Carolina Highway Patrol and other Law Enforcement and related agencies.

REGISTRATION AND CHECKOUT

Registration will be 12:00 - 1:00 PM on Sunday, June 12, 2016 at the North Carolina Highway Patrol Training Center, Raleigh. Checkout is on Friday, June 17, 2016, and graduation will be completed by 1:00 PM that same day. Persons providing transportation must pick up students at the Academy immediately after graduation ceremonies.

Date Rec'd: _____
Check #: _____ Amount: _____
Notes: _____

For office use

PHOTO
(OPTIONAL)
(NOT RETURNABLE)

**NORTH CAROLINA
STUDENT TROOPER
PROGRAM APPLICATION
JUNE 12-17, 2016**

Application Deadline: May 15, 2016, or until full.

NAME _____ AGE _____ SEX _____ BIRTHDATE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____
Street

HOME PHONE () _____ DRIVERS LICENSE # _____

or
EMAIL _____ LEARNERS PERMIT # _____

PARENT (GUARDIAN) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____
Street

PHONE Home () _____ Work or Cell () _____

HIGH SCHOOL _____ GRADE JUST COMPLETING: _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE School () _____ DATE OF PLANNED GRADUATION _____

SPONSORING AMERICAN LEGION POST (Must Be Completed)

Please note: Sponsoring post assumes responsibility for student's attendance, including submitting a properly completed application and physical form, transportation to and from the training center and tuition fees. Contact post for further details.

POST NAME _____ POST # _____ PHONE () _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

POST CONTACT PERSON: _____

Print Name

Signature of contact person

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE Home () _____ Work () _____

(PLEASE SEE REVERSE)

UNIFORM SIZE:	T-SHIRTS	SM	MED	LG	XL	XXL
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	SHORTS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

EMERGENCY CONTACT:

PARENT(S) OR GUARDIAN(S) NAME: _____

MAILING ADDRESS _____

PHONE NO'S: _____ (WORK) _____ (HOME)

PERMISSION TO ATTEND *(Signatures Required)*

I, _____, acknowledge and accept my obligations and responsibilities as a student to the American Legion Student Trooper Program of North Carolina. I further agree to uphold the principles of this outstanding program and abide by all rules and regulations. I agree to participate with dedication, respect, and enthusiasm in all phases of training that is required.

Delegates Signature: _____ Date _____

PARENT OR GUARDIAN PERMISSION

We have discussed the objectives, rules, regulations, and expectations of this excellent program with the American Legion Post officials and our son/daughter _____. We are pleased that he/she is being offered this opportunity and he/she has our permission and our full support to attend The American Legion Student Trooper Program held at NC Highway Patrol Training Center in Raleigh, June 12-17, 2016. We understand that no exceptions will be made for special medical or physical requirements.

Parent or Guardian Signature _____ Date: _____

INDEMNIFICATION AGREEMENT

The North Carolina State Highway Patrol (hereinafter referred to as SHP), and _____, (hereinafter referred to as LICENSEE), do hereby agree that, in consideration of agreements hereinafter set forth and other good and valuable consideration, the receipt of which is hereby acknowledged by the LICENSEE. The LICENSEE does agree to defend, indemnify, save and hold harmless the SHP from and against all claims, damage, or expense arising out of or from any accident, violation of law or ordinance or other occurrence in, on, or at the Defensive and Precision Driving Facility located at 380 East Tryon Road, Raleigh, North Carolina (hereinafter referred to as FACILITY) when used by the LICENSEE. LICENSEE will protect, indemnify, save and keep harmless the SHP against any claims, and any loss and all loss, damages, or expenses arising out of any failure of the LICENSEE in any respect to comply with and to perform the requirements of this agreement.

LICENSEE further agrees to release the SHP from any and all liability arising out of and from any claim, cost, or damage due to any injury or damage to the person or property of any employee or agent, invitee, assignee or contractor of the LICENSEE save and except for intentional injuries caused by the wanton, malicious, or intentional acts of the SHP, its agent/employees, assignees or contractors.

In return for the above set forth indemnification and releases by the LICENSEE to the SHP, the SHP agrees to and hereby does grant to the LICENSEE its employees, agents, invitees, assignees, or contractors the right and privilege to use the FACILITY for and within the purposes for which it was designed for a period beginning on the _____ day of _____, 20_____, to and including the _____ day of _____, 20_____, or until earlier terminated. In the event either party shall wish to terminate this agreement, that party shall give notice to the other party in writing of their intentions. Such written notice shall constitute termination of the agreement.

LICENSEE agrees that any approved use of the FACILITY shall be coordinated with the appropriate person(s) at the SHP so as not to interfere or conflict with use of the FACILITY by the SHP. It is expressly understood and accepted that use of the FACILITY by the SHP shall take precedence over use by the LICENSEE. The LICENSEE further agrees to comply with all regulations for FACILITY use as may be imposed by the SHP.

This agreement is limited to the terms as expressly set forth herein and does not convey to either party any rights or claims in addition to those specifically set out herein or as by law arise. This the _____ day of _____, 20_____.

N. C. STATE HIGHWAY PATROL

BY: _____
DIRECTOR OF DRIVER TRAINING / OR DESIGNEE

BY: _____
Licensee / Parent or Guardian of Licensee

SUMMER PROGRAMS MEDICAL FORM

Student Trooper

Please Print or Type

Full Name _____ Age _____ Birth Date ____ / ____ / ____
Last First Middle M D Y

Home Address _____ Phone (____) _____
Box # or Street City State Zip area code

Name, Relationship of Parent or Guardian: _____

Address _____
Box # or Street City State Zip

Parent or Guardian's Phone Number: Day(____) _____ Night (____) _____

Name, Address & Phone of Family Physician _____

IN CASE OF EMERGENCY PLEASE CONTACT:

Name: _____ (Relationship to delegate): _____

Phone number, Day (____) _____ Evening (____) _____

HEALTH INSURANCE INFORMATION REQUIRED: (A copy of the insurance card, front and back, and the prescription drug card, if applicable, front and back, must be included with this form)

Name of Ins. Co. _____ Subscriber's ID No. _____ Grp. No. _____

Address of Ins. Co. _____ Subscriber's Name: _____

Other: _____

AUTHORIZATION AND CONSENT:

I hereby agree that the attending physician or whomever he or she may designate may undertake treatment, including operations and/or the administration of necessary anesthesia, in serious or major illnesses or injuries without prior notification of the undersigned or any other person, and without obtaining consent of the undersigned or any other person, if in the judgment of the physician or designee it is necessary for health care reasons to proceed with the treatment without delay. I further agree that the attending physician or whomever he or she may designate may evaluate and treat all other injuries or illnesses for which help is sought. In the case of a minor (under 18 years of age) individual, this treatment may proceed without prior notification of the undersigned parent or guardian, although every attempt will be made to notify the parent or guardian in the event of such an injury or illness. I also agree that needed immunizations may be administered. I further agree that any medical information may be released to other health care providers who may be providing care.

***Signature of summer program participant:** _____

***Signature of minor's parent or guardian:** _____

Date: _____

(*This section must have signatures of participant and parent or guardian if participant is a minor under the age of 18)

(over)

PERSONAL HISTORY - Comment on all positive answers under remarks.

HAVE YOU HAD?	Yes
Allergy to:	
Penicillin	
Sulfonamides	
Peanuts	
Bees, wasps	
Other	
Specify:	
Infectious mononucleosis	
Tropical Disease (specify)	
Chicken pox/Varicella	
Respiratory disorders, including asthma	
High blood pressure	
Diabetes, thyroid, endocrine problems	

HAVE YOU HAD?	Yes
Stomach or intestinal Disorders	
Blood Disorders, including anemia	
Headaches, Migraines	
Concussions	
Hearing disabilities	
Current prescription medicines (list)	
Must be listed to attend.	
Current non-prescription medicines (list)	
Current vitamins or supplements (list)	
Smoking or other tobacco use	
Surgery or serious injury	

HAVE YOU HAD?	Yes
Chronic Medical Condition (specify)	
Vision, corrective lens	
Cancer	
Heart Disease	
Serious head injury	
Hepatitis B	
Hepatitis C	
Kidney diseases	
Neurological disorder	
Depression, anxiety	
Other psychological problem	
Seizure	
Limited physical activity	
Organ loss	

If any explanation is needed, enter here. _____

If **YES** is checked on any of the boxes above, a Physician's approval and signature to attend the program and be able to participate in all exercises listed below must be obtained.

Physician's Signature approving student to participate _____

EXERCISE	EXERCISE
Jumping Jacks (10)	Forward Bends (2)
Toe Touches (2)	Hamstring Stretch (2)
Groin Stretch (2)	Neck Stretch (2)
Jumping Jacks (25)	Push Ups (10) (10)
Sit Ups (10)	Back Extensions (10)
Leg Raises (10)	Arm Rotations (4 sets)
Speed Run (1/4 mile)	Distance Run (1 mile)

PARTICIPANT, PARENTS OR GUARDIANS

Is this participant capable of carrying a full program of fitness activities, including sports of all kind? Yes No
 If "No", please state limitations below: _____

Is there anything else about this participant that we should know? Yes No If "Yes", explain: _____

Do you have any recommendations regarding the care of this participant? Yes No If "Yes", explain: _____

Is the participant now under treatment or on medication for any medical or emotional condition, or does he any require special medical attention?
 Yes No

Explain below _____

Date _____

Signature _____
Parent, or Guardian

NORTH CAROLINA AMERICAN LEGION

and

NORTH CAROLINA STATE HIGHWAY PATROL

STUDENT TROOPER PROGRAM



12 - 17 JUNE 2016

Sponsored by

*The American Legion Department of North Carolina
and*

The North Carolina State Highway Patrol

**AMERICAN LEGION / NCSHP STUDENT TROOPER PROGRAM
23rd ALSTP-2016 CURRICULUM
June 12th-17th 2016**

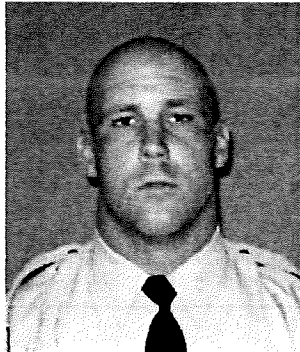
TIME		MON 13 TH	TUES 14TH	WED 15 TH	THUR 16 TH	FRI 17 TH	
5:30 TO 6:30		Physical Fitness	Physical Fitness	Physical Fitness	Physical Fitness	Physical Fitness	
BREAKFAST							
8:00 TO 8:50		Orientation <i>Trp. Porter</i>	Collision Investigation <i>Trp. Trueblood</i>	National Guard Joint Forces Headquarters	Motor Vehicle Law <i>Trp. Byrant</i>	Guest Specker M. Blanton	
9:00 TO 9:50		Military Drills <i>Trp. Pointer</i>	8:50 class photo during break at monument <i>Mrs. Guthrie</i>	↓	↓	↓	
10:00 TO 10:50		History of the NC State Highway Patrol <i>Pointer</i>	Gang Awareness <i>Trp. Atkinson</i>	National Guard 449th Aviation Base	Defensive Driving (Classroom) <i>Trp. Dennis</i>	Dormitory Maintenance	
11:00 TO 11:50		Polygraph <i>Trp. Keller</i>	↓	American Legion Headquarters	Physical Fitness <i>Trp. Reavis</i>	Lunch	
LUNCH							
1:00 TO 1:50		Helicopter Operations <i>Sgt. Tribula</i>	First Aid <i>Dr. Crapo</i>	State Capitol	Criminal Justice Systems <i>Ms. Tamara Hill Conf. of DAs</i>	Graduation Ceremony 1pm	
2:00 TO 2:50		(Grps A & B in Rotation) Driver Training <i>Trp. Day</i>	K-9 Unit <i>Trp. Lamm</i>	Legislative Building	↓	Open	
3:00 TO 3:50		MCE Inspections <i>Trp. B. Johnson</i>	SMI Instruments <i>Trp. W. Johnson</i>	Museum of Natural History	Graduation Preparation & Rehearsal <i>American Legion & NCSHP Staff</i>		
4:00 TO 4:50		↓	Defensive Tactics <i>Sgt. Bright</i>	Return to Training Academy	↓	↓	
DINNER							
6:00 TO 9:00	lag Deta	Dormitory Maintenance	CPR (Grp A) Firearms Simulator (Grp B) <i>Trp. Mazzotta Sgt. Batchelor</i>	CPR (Grp B) Firearms Simulator (Grp A) <i>Trp. Mazzotta Sgt. Batchelor</i>	COOK OUT Dormitory Maintenance		
10:00		LIGHTS OUT					

23rd Student Trooper Program Staff

Trp. Brad Porter
Commandant



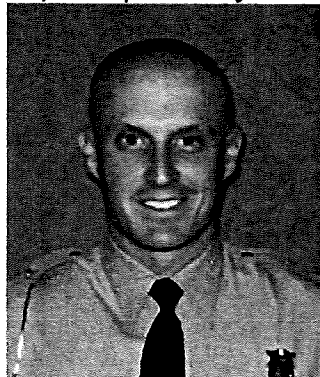
Trp. Robert Dennis



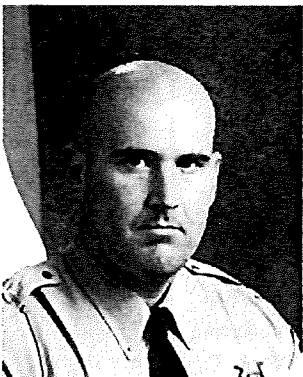
Trp. Pam Williams
Assist Commandant



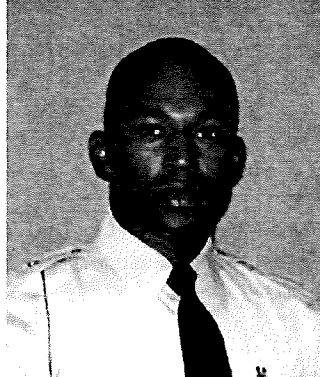
Trp. Stephen Bryant



Trp. John Pointer



Trp. Aaron Mullins



Trp. David Morgan



2016

American Legion Student Trooper Program

American Legion Staff

**Mr. Richard Neville
Director**

**Mr. Henry Benavides
Assistant Director**

**Ms. Courtney D. Bowling
Jr. Counselor**

**Mr. Weston D. Hayes
Jr. Counselor**

THE AMERICAN LEGION



STUDENT TROOPER PROGRAM

DEPARTMENT OF NORTH CAROLINA
Post Office Box 26657
Raleigh, North Carolina 27611
Phone: 919-832-7506

2016 Program

Dear Student Trooper:

On behalf of The American Legion, it is an honor, and my personal pleasure, to welcome you to the seventeenth session of the North Carolina Student Trooper Program scheduled for June 12-17, 2016.

We are guests of The North Carolina Highway Patrol Training Academy and will be expected to obey all the rules and regulations of the Academy. These expectations will be clearly explained at the beginning of the program.

The Student Trooper Program is an intense program of instruction for a full week. It is geared to challenge the minds of top young individuals from communities across the state of North Carolina.

The objective of the program is to afford its young Student Troopers the opportunity to see and experience first-hand many of the areas involved in law enforcement, and to increase understanding between the youth of the state and its law enforcement officers.

We aspire to make our Student Trooper Program one of the best. To do this we need your active participation, enthusiasm, and your full cooperation. There are things we must remember as guidelines, rules and regulations. Some of these are:

1. We will start each day of the program honoring God and Country by prayer and Pledge of Allegiance to the flag.
2. Marijuana, alcohol, cocaine or illicit drugs of any form or description will not be tolerated.
3. The use of any tobacco products (smoking, chewing, dipping, electronic cigarettes or vapors) is prohibited by any persons involved with the Student Trooper Program (students and staff). Any student bringing any tobacco product to the Training Academy will be required to surrender them to the Director until the end of the week
4. No food, beverage or chewing gum permitted.
5. **Student Troopers are prohibited from bringing cellular phones or pagers with them to the Training Academy.**
6. If due to health problems, you must take prescription drugs, you will report this situation to your counselor upon arrival Sunday, June 12th. If your medication requires refrigeration, you should check with your counselor for proper storage and dispensing.
7. We strongly discourage Student Troopers from driving personal autos to the program. If, however, it is imperative that you drive your car, **your parent or guardian must request permission from Director Neville by telephone (919)-550-6366, or in writing, to the above address.** If this request is approved, then the Student Trooper must deposit, upon arrival, his/her keys, auto license number, and location of parked vehicle with the Highway Patrol Training Academy.
8. Please remember that if you are found willfully negligent of not properly observing rules and regulations upon my personal review of the facts involved, as Director, my course of action will be:
 - a. Denial of privileges or
 - b. Your dismissal from the program.
(We will notify your parents and sponsoring Legion Post.)
9. **Dress Code:** Khaki trousers or slacks with brown belt, will be worn with all the Student Trooper shirts and caps at all times, except during sport activities or other announced occasions.

You are asked to follow these dress requirements of Item 10 for the following reasons:

- a. So that Student Troopers can be easily identified.
- b. Uniformity of appearance.
- c. For photographs and video recordings.
- d. For comfort and health reasons.
- e. No rings, watches or earrings, or jewelry of any kind will be allowed for anyone.
- f. Items of clothing will not be accepted at any time: halter tops, tank tops, cut off jeans and short shorts.

Student Trooper program will provide each student with two (2) T-shirts, one (1) collared knit shirt, a Cap and one athletic shirt and shorts, with program emblem, for PT and sports. All these items will remain the property of each student after the program is over. May I suggest that to identify your clothing items, you should mark them with a clothing marking pen or pencil.

10. Items you need to bring with you are listed below:

AT LEAST 2 PAIR KHAKI PANTS

1 brown belt

1 pair quality athletic shoes. (For PT, athletics, and running)

1 pair comfortable white sneakers for daily activities.

6 pair white socks (shoes and socks will be worn at all times)

Toilet articles for daily use

Items for personal hygiene

Raincoat (plastic or inexpensive type)

Shower sandals (flip-flops)

5 or more coat hangers

Small laundry bag

Iron

Appropriate attire for sports activities (Medium length shorts and T-shirts, jock strap, athletic bra, etc.)

Sunglasses and sunscreen

You may wish to bring:

- a. Alarm Clock
- b. Stationary and stamps
- c. Bedroom slippers
- d. Vitamins
- e. Shampoo, Hair Dryer, Hair Spray
- f. Personal Medical Items (Tylenol, Aspirin, Band-Aids, Etc.)
- g. Camera

Male Student Troopers should arrive **clean-shaven with a fresh haircut no mustaches or long sideburns**. Female Student Troopers should have hairstyles that can be worn "up" during all training. Females can put hair up in French braids or a bun off the neck. Please bring bobby pins and barrettes for this purpose.

The Highway Patrol Training Academy will provide sheets, blankets, pillows, linens, towels, washcloths and laundry facilities.

Directions to the Highway Patrol Academy: Off I-40 take Exit 299 Person St./Hammond Road, turn east going away from Raleigh. Go to first traffic light (Rush Street) turn left, go to the first traffic light (Old Garner Road) turn right, proceed about 3/4 mile and Highway Patrol Training Academy in on the right. (Large sign at entrance) Street Address for Training Academy is: 3318 Garner Rd., Raleigh, NC 27610-5699. If assistance is needed, phone (919) 662-4430, SHP Training Academy.

When you arrive at the Highway Patrol Training Academy, follow the signs directing you to the proper registration area. Please time your arrival for registration between the hours of 12:00 PM and 2:00 PM on Sunday, June 12th. Registration or off loading of baggage will not be permitted before 12:00 PM.

11. You are expected to meet the time schedules of our program and attend all events. No Student Trooper will be given permission to leave the training academy any time during the week for any reason, except in case of an emergency.
12. Other regulations and expectations will be covered during the orientation session Sunday evening.
13. **Since each day will begin with PT (Physical Training) which will include calisthenics (sit-ups, push-ups, jumping jacks, arm rolls) and running, it is suggested that all Student Troopers do some PT, including running, before arriving at the Training Academy. This will help prevent muscle soreness and blisters resulting from the required PT.**
14. Parents, family and representatives of sponsoring Posts are welcome and we encourage them to attend our closing ceremonies on Friday, June 17. The Graduation Ceremony will begin at 1:00 PM.

The Golden Rule - All individuals are entitled to and will be given courteous and respectful treatment by everyone involved in the program without regard of race, religion, sex, or national origin. No form of sexual harassment, real or implied, will be tolerated by staff or other students.

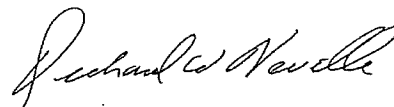
This program is not a vacation summer camp, or a recreational camp.

Realizing the honor in being selected, I encourage you to attend this Student Trooper program with a will to participate in all activities and with the desire to participate with enthusiasm.

The Highway Patrol Training Academy instructors, Legionnaires, as well as local professional leaders are giving their valuable time freely to the success of this program because they believe in you! They are devoting their personal effort to better inform you and to encourage your future development as a dependable and knowledgeable leader in your community. The ultimate success of our entire program will depend on your loyal support, active participation, and enthusiasm.

Remember at all times, we are guests of the Highway Patrol for the week. Please conduct yourselves accordingly. My personal congratulations and Welcome Aboard!

Sincerely,



RICHARD W. NEVILLE
Director

RWN:dr

RULES AND REGULATIONS

for

STUDENT TROOPERS

In order to promote discipline and ensure an effective training program, certain rules and regulations are necessary. The following rules and regulations will be adhered to by all Student Troopers while attending the Program. Any deviation from the established procedures may result in dismissal.

I. Standards of Conduct

General

1. Student Troopers shall conduct themselves as gentlemen/ladies at all times. They shall perform all duties in a thorough, precise manner and without hesitation or comment carry out all lawful orders, commands, and instructions issued by Staff Personnel.
2. Student Troopers shall not commit any acts, either during or out-side normal training hours, that are incompatible or harmful to public service, or which might reflect unfavorably upon the Student Trooper Program or the North Carolina State Highway Patrol and The American Legion.

Specific

1. **Alcoholic Beverages - Student Troopers are prohibited from consuming alcoholic beverages at any time while at the Training Academy.**
2. **Gambling - No card playing or gambling in any form is allowed.**
3. Tobacco - Smoking, chewing, dipping, or any other use of tobacco is strictly prohibited.
4. No Student Trooper shall:
 - a. Ferment discord among Student Troopers, including encouraging discrimination regarding race, color, sex, religion, national origin or ancestry.
 - b. Display discourteous treatment of others, including the use of insulting, abusive, satirical, or profane language.

- c. By his/her conduct, place the Student Trooper Program or the State Highway Patrol or the American Legion in an embarrassing position.
- d. Falsify in any way, any answer, report or request.
- e. Deliberately falsify a statement in response to any question from any of the School Staff.
- f. Willfully or carelessly destroy or damage State property.
- g. Endanger any person, including himself/herself, through careless or willful violations of safety rules or instructions.
- h. Display negligence or show willful disobedience of any lawful order, directive, or regulation.
- i. Be careless, indifferent, lazy, non-alert, or inattentive to duty.
- j. Fail to maintain Student Trooper standards of personal hygiene and appearance. Student Troopers will shower and use deodorant daily and as often as needed. They are expected to be neat and clean at all times and free of offensive breath or body odor. Male Student Troopers will be clean shaven every morning.
- k. **Personal Autos** - Student Troopers are discouraged from bringing personal autos to Training Academy due to parking and control. Legion Posts or Parents should provide transportation to the Training Academy. Only in the case of emergency will Student Troopers be allowed to drive personal vehicles, and then only with permission from the Director. Personal vehicles shall be parked in the designated area. Vehicles shall be locked and keys turned in to the Director. All clothing or valuables should be removed from the interior of the vehicle.
- l. **Staff Buses** - No loud talking or boisterous conduct will be allowed on the training buses. Neither will shouting or whistling to persons outside the bus be tolerated. Smoking is not permitted. In the absence of a member of the School Staff, the driver will be in charge of the bus and its passengers. Movement into and out of the bus will be carried out in an orderly manner through the front door only. First entrants will fill the seats from rear to front. Exit from the bus will be in the reverse order. No double time movement will be allowed on the bus. Standing passengers must be positioned behind the driver. Involvement of the bus in any

accident or other incident must be immediately reported to a member of the School Staff by the driver. The bus will not be moved from its stopping place following an accident except as the driver is directed by an officer of the law.

II. Schedule and Work Details

A. Normal daily schedule is listed in the Student Trooper's individual copy of the curriculum and an hourly schedule of subjects is shown.

1. Student Troopers shall familiarize themselves with the training program schedule in order to bring the related texts and references to class and to present themselves in the proper attire and in the assigned classroom or training area at the appointed time.
2. Most instructional periods are fifty minutes followed by a ten-minute break. Student Troopers will be in their seats ready to resume class at the end of the break.
3. Student Troopers shall be expected to read all issued material pertaining to any specific course or event offered before classroom instruction of that course.

B. Reveille will be at 5:00 AM each morning.

1. Student Troopers may arise prior to reveille but shall not make any noise which might disturb any other occupants who are sleeping.
2. After the first day, reveille may not be called by the Duty Officer. It is each Student Trooper's responsibility to be up and at the appointed place or the designated area.
3. Student Troopers will report to the Formation Area in shirts and caps issued to them and wearing khaki trousers. Cadets will march in formation to and from the designated athletic field or gymnasium.
4. Breakfast formation, Lunch formation and Dinner formation will be set by the Staff.
5. Lights Out and Bed Check is at 10:00 PM each day.
6. Student Troopers shall not leave their dormitory area between the hours from Lights Out to Reveille. However, in cases of emergency, Student Troopers may leave to contact the Duty Officer.

III. Building and Training Area

A. This facility will be your home for the duration of the Student Trooper program. Your cooperation is essential in maintaining the buildings and grounds in excellent condition. Do not write on, mar, or deface, in any way, the buildings or furnishings. Cleanliness will always be an ongoing responsibility.

B. Classrooms

1. Seating arrangements will be made by the School Staff and no changes will be made without permission.
2. Instructors accept, desire, and encourage questions provided they represent an honest attempt to gain information.
 - a. No questions should be asked which are not pertinent to the subject being discussed or which are presented to "show off" or to kill time.
 - a. Student Troopers should have a sincere interest, an open mind, and a desire to learn.

C. Dormitory Rooms

1. Student Troopers will be assigned specific quarters and will be responsible for the proper maintenance and appearance of their personal property, issued equipment, assigned closets, desk, chair, bed and adjacent area.
2. Living quarters will be properly maintained, as demonstrated by the Staff at the beginning of the Program.
3. Television sets are not allowed in dormitory rooms. Radios are permitted and may be played as follows:
Beginning at 6:00 AM during leisure time until Lights Out, provided they do not interfere with other building occupants.
4. Student Troopers will turn off all dormitory lights during normal classroom hours.
5. Student Troopers will not receive or allow visitors without permission of the School Commandant or his designee except in an emergency; and only then at a designated area, never in the dormitory area.
6. All dormitory room doors will be left open except when Student Troopers are dressing, or have retired for the evening.

D. Inspection of Dormitory

1. Student Troopers will leave their dormitory rooms in condition for inspection from 8:00 AM until 12:00 Noon and from 1:00 PM to 5:00 PM each day.
2. Beds will be made and furniture and personal items arranged in accordance with instructions.
3. Staff members may inspect all areas including, but not limited to closets, drawers, and baggage, at unannounced times.

E. Outside Areas

1. Student Troopers must use the sidewalks and driveways, stay off planted areas unless instructed otherwise.
2. All personal vehicles shall be parked in assigned areas.
3. Student Troopers shall pick up and place in proper receptacles any litter or waste material observed on the grounds.
4. Student Troopers should not spit on sidewalks or other paved areas.

F. Use of Telephones

1. **Incoming personal calls should be restricted to emergencies only.** Such incoming calls should come through the Training Academy's business number and never on any pay phones. Emergency Phone Number is 919-662-4430. Student Troopers are encouraged to leave this number with their parents or guardian to be used only if a need to call should occur.
2. Student Troopers are prohibited from bringing cellular phones or pagers with them to the Training Academy.
3. No food or beverages permitted.

IV. Military Courtesy

- A. The military nature of the State Highway Patrol and Patrol training requires that certain rules of courtesy be extended to all commissioned/non-commissioned officers of the Highway Patrol, guest instructors and members of the Staff. Student Troopers will always stand when being addressed and reply by stating "Yes Sir/Ma'am" or "No Sir/Ma'am".

Whenever a commissioned officer or program staff member enters a room or area occupied by Student Troopers, all present will immediately come to attention and remain at attention until given the command, "seats", "at ease" or "as you were". When the staff member prepares to leave the room, all Student Troopers will come to attention and wait until he/she has left the room. (Student Troopers will remain absolutely still and silent while at attention.)

V. Fire Regulations and Procedures

1. Fire extinguishers are provided at strategic locations throughout the buildings.
2. Student Troopers shall:
 - a. Familiarize themselves with the location of fire extinguishers and fire alarm boxes.
 - b. Familiarize themselves with the operating instructions for fire extinguishers and fire alarm boxes.
3. Student Troopers shall familiarize themselves with all exits from their dormitory hall.
4. Upon discovery of any fire, the Student Trooper shall immediately alert the Counselor and all occupants in the dormitory hall.
5. The Student Trooper discovering the fire shall assist in the emergency as directed by the Counselor.
6. Emergency phone numbers, including the Fire Department, are posted on the phones throughout the Training Academy.
7. Student Troopers shall not use or tamper with any fire extinguisher except to extinguish fires.

VI. Dining Hall

A. Policy

1. The Commandant will assign a Counselor to serve as Mess Director for each meal. This individual will be responsible for directing the Student Troopers into the mess hall.
2. Student Troopers shall stand aside for all other personnel entering the mess hall.
3. All Program Staff persons shall be the last to enter the mess hall with the Student Troopers unless their duties demand that he or she must eat early.

B. Procedures

1. The Student Troopers will form into squads, by platoon, and march to the mess hall for all meals.

C. Rules and Regulations for Mess Hall

1. Student Troopers will not:
 - a. Knock over chairs.
 - b. Wear their caps inside the building.
 - c. Make negative comments about the meals.
 - d. Waste food.
 - e. Take more than one glass with their tray.
 - f. Remove food from the mess hall.
 - g. Be loud or boisterous
 - h. Leave food, paper, etc. on the floor.
2. Student Troopers will:
 - a. Be allowed (but not required) to say grace before eating each meal.
 - b. Be courteous to the cooks and dining hall staff.
 - c. Use good table manners and common courtesy.
 - d. Replace their chair under the table each time he/she leaves the table.
 - e. Clear the table upon leaving.
 - f. Take food tray to the designated area, clear the tray and place it in the appropriate place.

VII. Student Trooper Rules

A. Conduct:

1. Student Troopers shall do their best in the performance of duty. They should know and understand all the rules and regulations of the American Legion's Student Trooper program.
2. Student Troopers will obey all rules, regulations, and orders issued.
3. Student Troopers will accept all assignments without negative comment.
4. Cadets are required to respond truthfully in all matters.
5. Student Troopers will be courteous to other Student Troopers, Staff members, all Highway Patrol personnel, and all other visitors and guests.
6. Student Troopers will not engage in arguments, use violent, coarse or vulgar language.

B. Instruction:

1. Student Troopers will not make remarks about another's sex, race, religion, or personal characteristics.
2. Student Troopers will address all Staff members, guests, visitors, or any other individual as "sir" or "ma'am". Example: "Sir", "No Sir", "Ma'am" or "No Ma'am".
3. All responses will be in a respectful tone.
4. Student Troopers will treat all guests, including parents, with respect using the same conduct that applies to Program Staff.
5. During classroom programs Student Troopers will be attentive to the program being presented. They will not sleep or slouch. Questions may be asked, when appropriate, by raising of hands. When recognized, student will state his or her name and then ask the question. Once the question has been answered, the Student Trooper will say "Thank you sir/Ma'am".
6. Student Troopers will present a military appearance at all times.

C. Dress:

1. Khaki trousers or slacks will be worn with the Student Trooper shirts and caps at all times except during sport activities or other announced occasions.
2. Student Troopers will wear his/her nametag at all times, except when engaged in athletic activities.
3. The nametag will be worn on the T-Shirt, over the right breast.
4. Student Troopers will be issued the official cap, T-Shirts, and nametag when registering for the program.
5. Student Troopers will wear the cap at all times unless directed otherwise by the director.

D. General:

1. Student Troopers will not possess or use at any time, any tobacco products while at the Training Academy.
2. Student Troopers will remain with their squad and will not leave the assigned area unless authorized by their Platoon Leader.
3. All buildings, except those assigned to The American Legion's Student Trooper Program, are off limits.
4. When a Student Trooper must use a restroom facility, permission must be requested and granted. This does not apply when in the dormitories.
5. Sick Call at 7:00 AM each morning. Sickness or injury during the day will be reported immediately to a staff member. Each Student Trooper is covered by medical insurance provided by the American Legion.

RULES AND CONDUCT PERTAINING TO THE
PHYSICAL TRAINING PROGRAM

1. ABSENTEEISM FROM PHYSICAL FITNESS PROGRAM

No Student Trooper will be absent from physical training without the expressed permission of the School Commandant or his representative.

2. Listed below, in proper sequence, are the exercises that will be required during each physical training period beginning with the first day:

PRESCRIBED REPETITIONS

EXERCISE	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Jumping Jacks	10	10	10	10	10
Forward Bends	2	2	2	2	2
Toe Touches	2	2	2	2	2
Hamstring Stretch	2	2	2	2	2
Groin Stretch	2	2	2	2	2
Neck Stretch	2	2	2	2	2
Jumping Jacks	25	25	25	25	25
*Push-Ups	10	10	10	12	15
*Sit-Ups	10	10	10	12	15
*Back Extensions	10	10	10	10	10
*Leg Raises	10	10	10	12	15
Arm Rotations	**	**	**	**	**
Speed Run	¼ Mile	¼ Mile	¼ Mile	¼ Mile	¼ Mile
Distance Run	1 Mile	1 Mile	1 Mile	1 ¼ Miles	1 ¼ Miles

*Will do four sets of each of these exercises

**Instructors Discretion

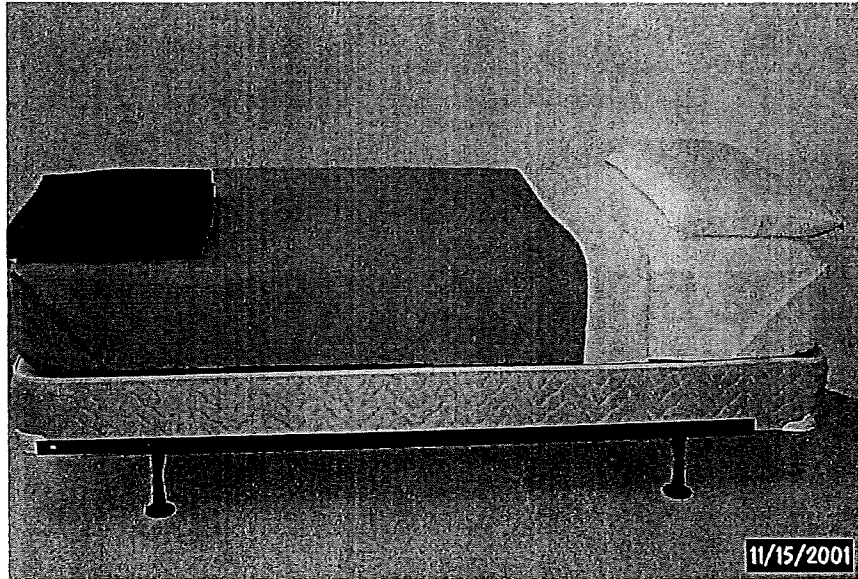
3. Each Student Trooper should be familiar with the above table and know the order of the exercises and the number of repetitions required for each. A staff member may ask you for this information at any time.
4. Each Student Trooper will be required to do each repetition of every exercise and will give maximum effort on all exercises and runs. If the Student Trooper fails to give maximum effort he or she may be required to do remedial P.T. Remedial P.T. will be conducted at the discretion of the School Commandant or by the Staff Instructor who is in charge of P.T. for that day.

B. Bed Arrangement

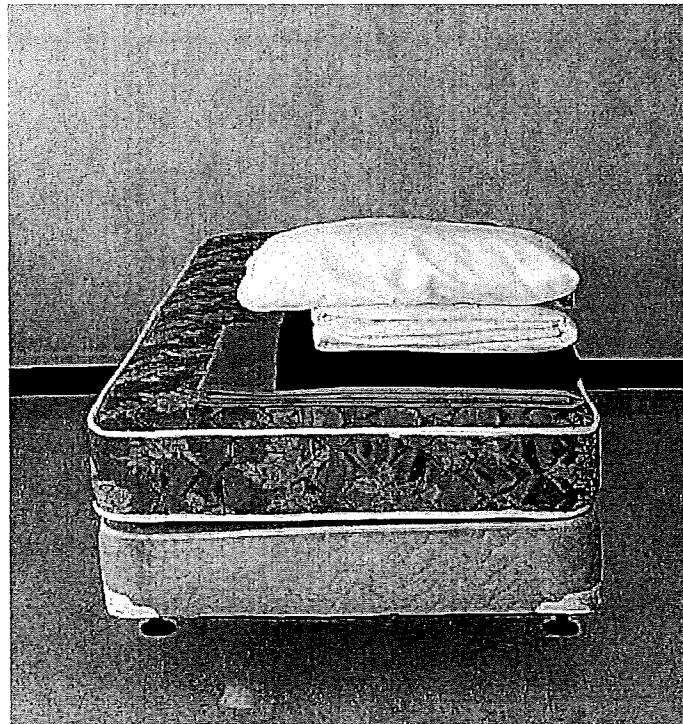
Each Cadet is assigned a single bed and is responsible for keeping it ready for inspection. See photograph on next page.

1. The bottom sheet is to be placed on the bed and have hospital corners, as will be demonstrated.
2. The pillow is to be placed at the head of the bed, and is to have the excess pillowcase folded under on the side opposite the entrance door.
3. The top sheet is to be placed on the bed lengthwise; the bedspread is placed directly over it.
4. Fold the bottom ends of the sheet and bedspread downward twice making a six-inch white border.
5. Position the white border six inches from the bottom edge of the pillow.
6. Fold the bottom ends of the sheet and bedspread under the mattress with hospital corners on each side.
7. Pull the sides right and tuck them under the mattress so they are free of sags and wrinkles.
8. Now recheck to see that there is a six-inch space between the pillow and white border; recheck the width of the border.
9. Determine if bedspread is free of sags and wrinkles.
10. On airing day, each Cadet is to strip the bed and place the sheets inside the pillowcase and deposit the soiled linens in an assigned location. The blanket and bedspread will be folded as a handkerchief and placed on the bottom of the bed, nearest the door, with the pillow on top as illustrated in the photograph below. Fold blanket as a handkerchief and place it at the right corner near the foot of the bed with the single edge facing the entrance door and folded edges facing the foot of the bed. Each Cadet is responsible for one's roommate's bed if the roommate is in the hospital or on leave. If a Cadet does not have a roommate, one shall keep the extra bed made and inspection-ready at all times. See photograph on next page.

Inspection Ready



Airing (Day)



North Carolina Highway Patrol Training Academy

3318 Garner Road,

Raleigh, North Carolina 27610-5699

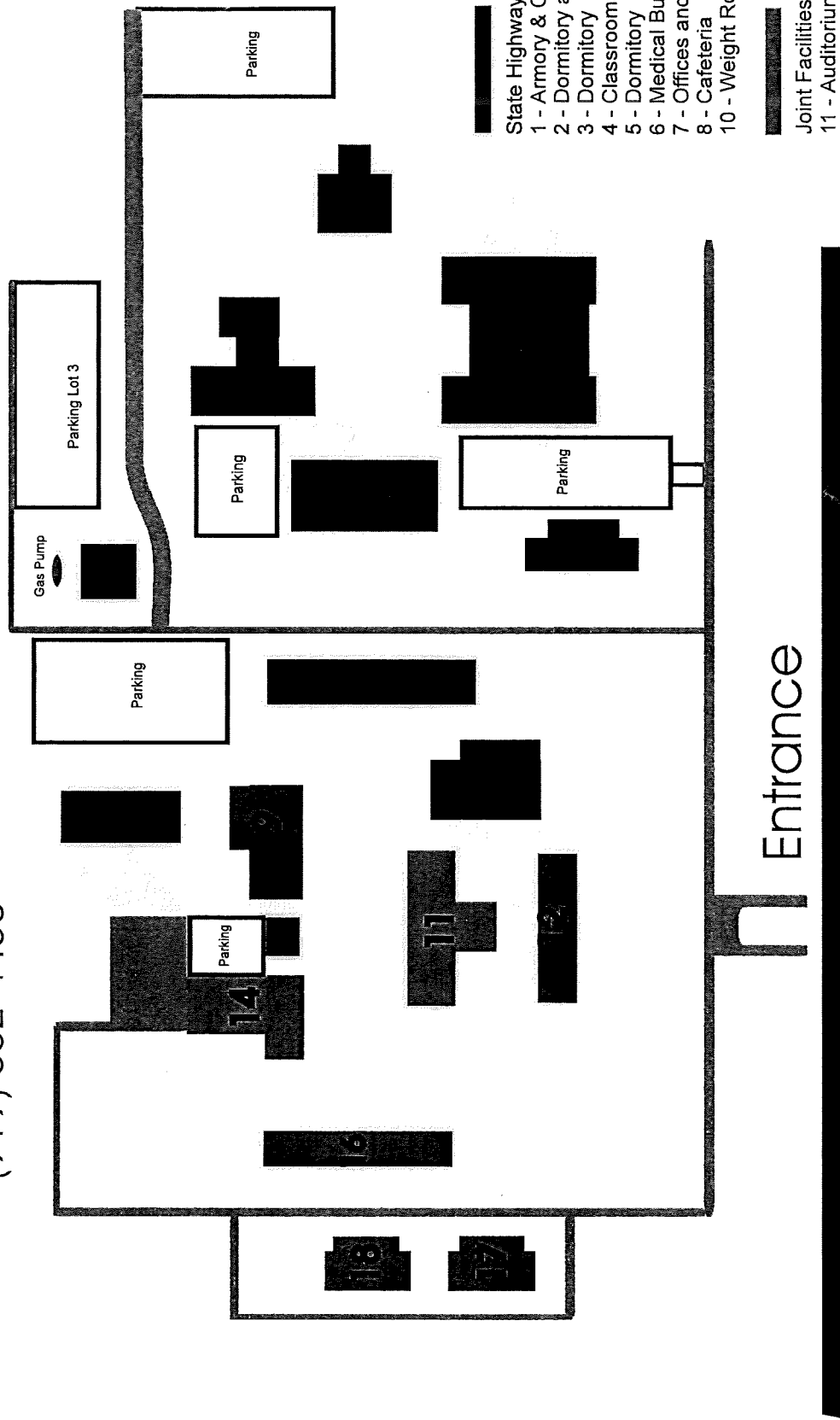
(919) 662-4430



W

S

N



- State Highway Patrol Buildings:
- 1 - Armory & Computer Section
 - 2 - Dormitory and IMU Offices
 - 3 - Dormitory
 - 4 - Classrooms
 - 5 - Dormitory
 - 6 - Medical Building
 - 7 - Offices and Dormitory
 - 8 - Cafeteria
 - 10 - Weight Room

- Joint Facilities:
- 11 - Auditorium
 - 14 - Gymnasium

SBI Buildings:

Garner Road

E

Student Trooper 2016

ID	Sex	Last Name	First Name	MI	Suffix	Address	City	State	Zip	Post	Age
24	F		Andrianna	E			Vale	NC	28168	30	16
37	F		Sabrina				Maiden	NC	28650	455	18
23	F		Rachel				Bolivia	NC	28422	543	17
8	F		Ana				Garner	NC	27529	232	17
35	F		Citali	A			Eden	NC	27288	534	16
27	F		Amira				Edenton	NC	27932	40	17
28	M		Christopher	B	Jr		Winston-Salem	NC	27103	522	17
21	M		Christopher				Bolivia	NC	28422	543	16
29	M		Tyler				Jacksonville	NC	28540	265	18
7	M		Cameron				Nashville	NC	27856	110	16
16	M		George	D			Dunn	NC	28334	59	17
25	M		Cody				Kenansville	NC	28349	109	17
14	M		Cody	W			Smithfield	NC	27577	132	16
18	M		Dylan	G			Vale	NC	28168	16	17
31	M		William	H			Morganton	NC	28655	29	17
32	M		Andrew	N			Clayton	NC	27520	116	17
22	M		Christian	A			Winnabow	NC	28479	543	17
4	M		Alex				Ocean Island Be	NC	28469	503	16
36	M		Shaw				Dunn	NC	28334	109	17
10	M		Austin	J			Oxford	NC	27565	90	16
2	M		Austin	C			Fayetteville	NC	28306	32	16
12	M		Dylan	M			Mooreville	NC	28115	66	16
30	M		Russell	L			Smithfield	NC	27577	132	17
34	M		Steven				Eden	NC	27288	534	16
20	M		Logan	A			Charlotte	NC	28214	144	17
11	M		Dawson				Canton	NC	28716	47	16

<i>ID</i>	<i>Sex</i>	<i>Last Name</i>	<i>First Name</i>	<i>MI</i>	<i>Suffix</i>	<i>Address</i>	<i>City</i>	<i>State</i>	<i>Zip</i>	<i>Post</i>	<i>Age</i>
3	M						Wilmington	NC	28405	10	17
39	M						Raleigh	NC	27603	232	17
17	M						Clemmons	NC	27012	522	17
26	M				M		Huntersville	NC	28078	30	16
6	M				B		Oxford	NC	27565	90	17
13	M				D		Moorestville	NC	28115	66	17
5	M				A		Shalotte	NC	28459	503	16
38	M				G		Winston-Salem	NC	27127	522	17
19	M						Matthews	NC	28105	235	18
9	M				B		Fuquay-Varina	NC	27526	436	16
15	M				G		Lagrange	NC	28551	504	17
33	M						Eden	NC	27288	534	17
1	M				J		Kinston	NC	28501	219	17

Total: 39