**Talking points for Army-Navy Game speeches or media interviews**

• Offer a quick welcome to all those in attendance. Get them excited by asking who’s rooting for Army, and then who’s rooting for Navy.

• Explain the reason for the watch party: to raise awareness about The American Legion’s sponsorship of the 125th Army-Navy Game.

• The American Legion is the first veterans service organization to sponsor "America's Game" in the game’s history.

• Additionally, this is an opportunity for you to discuss Be the One, The American Legion’s mission to reduce the number of veterans and servicemembers lost to suicide. Explain that the No. 1 issue facing the veteran community now is suicide. Share that the goal of Be the One is to destigmatize asking for mental health support, provide peer-to-peer support and resources, and educate everyone on how they can Be the One.

• Explain how someone can Be the One: By talking with veterans about how they are feeling – especially if they see someone struggling – and then letting them know there are people ready to help. Ensure they know it is OK to not be OK, and even more OK to ask to for help.

• Visit **betheone.org** to learn more and sign up for the free virtual training, available to anyone.

• Close by thanking all those in attendance, and then remind them that any veteran with feelings of self-harm have access to resources 24 hours a day, seven days a week through the Veteran Crisis Line by calling 988 and press 1, texting 838255.

• Background information: The Army-Navy Game presented by USAA is an annual football game between the nation’s two oldest service academies. The event is executed by the two 501 c 3 Academy Athletic Departments, the Army West Point Athletic Association and the Naval Academy Athletic Association and dates back to 1890. The 2024 Army-Navy Game will be televised on CBS on Saturday, Dec. 14, at 3 p.m. Eastern and broadcast nationally on Westwood One Radio. America’s Game is the greatest rivalry in all of sports. Learn more at **ArmyNavyGame.com**