



THE 38★
CHALLENGE

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AGENDA

- THE 38 CHALLENGE WORKOUT
- KEYNOTE SPEAKERS
- RECOVERY AND NETWORKING

WHEN & WHERE

AUGUST 28TH, 2023

**NASCAR HALL OF FAME MUSEUM
THE PLAZA**

**400 E M.L.K. JR BLVD,
CHARLOTTE, NC 28202**

**7: 30 REGISTRATION
8AM - 10AM EVENT**

WHY THE 38?

**THE 38 CHALLENGE WAS
FOUNDED IN MEMORY OF
FORMER USNA
LINEBACKER #38 AND
USMC CAPTAIN MATTHEW
BREWER WHO TOOK HIS
LIFE IN 2021. THE 38
CHALLENGE IS A
NON-PROFIT
ORGANIZATION WHOSE
MISSION IS TO CHALLENGE
THE STIGMA ASSOCIATED
WITH SEEKING HELP.**

2023 CHARLOTTE 38 CHALLENGE EVENT

PARTNERS

MISSION38★

BE THE ONE

AMERICAN
LEGION

**AMERICAN
LEGION**